

# WAVES OF GROWTH



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SUPPORTING PARENTS,  
NURTURING CHILDREN,  
AND BUILDING  
BRIGHTER FUTURES  
TOGETHER.

## GET STARTED

### Who can participate?

- Expecting parents
- Families with children ages 0-5 or kindergarten age.
- Foster parents, guardians, and kinship caregivers.

## CONTACT INFO



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## WHAT IS WAVES OF GROWTH

Waves of Growth is a evidence-based family support program designed to strengthen the bond between parents and children.

Our Family Growth Specialist provide guidance and resources that empower caregivers to raise healthy, safe, and school-ready children.

We serve families who are expecting or raising children from birth through kindergarten.

## OUR FAMILY GROWTH SPECIALISTS

Meet families where they're most comfortable-at home, in our office, or telehealth.



## WAVES OF GROWTH HELPS FAMILIES:

- Personalized visits tailored to your family's needs.
- Fun, hands-on activities that support learning and development.
- Tools and strategies for navigating parenting challenges.
- Referrals and resources for healthcare, nutrition, housing, and more.
- A listening ear and ongoing support for your parenting journey.
- Conduct developmental screenings to give families insight into their child's strengths and areas where extra support may be needed.